

FLC Health Ministry Committee

Meeting Held 8/13/2014 @ 5:30

Present: Katie Gross, Doreen Gigstad – Stave, Jack Rydell, Marlene Sarr, Dianna Woodard, M.P. Mullen

Jack Rydell motioned that July minutes to be approved and second my Marlene Sarr. Minutes approved.

There will be a thank you party in December for the committee members that will be finishing their term. Members going off will be Marlene Sarr, Dawn Nygord, Kalah Erickson, Lu Vitalis, Carrie McLeod.

**Ministry Updates:**

Respite care is approved to be held @FLC. Open house will be 9/7/14. The first day of respite care will be Tuesday 9/16/2014 from 12:00 p.m. to 5:00 p.m.

BeFriender Ministry – 8 are confirmed to do interviews

Blood Drive will be 9/21/2014

Food care clinic is being organized by Kalah Erickson

Grief support – we will be directing those having lost a loved one since 11/1/13 to community resources. We will continue to evaluate.

Care Team Ministry – This will be explored further, focus on discharge transition

There will be a new exercise program beginning in September. It will be held Thursdays at 4 p.m. This will be lead by Donna Pierce and Gayle Guggisberg.

**New Business:**

Katie is looking for suggestions on books that could be used as a book study and sermon series focusing on Wellness/Wholeness.

Upcoming Fall Program will be held on 11/15/2014 10-1 (tentative). Theme will be caregiving and resources in the community. Confirmed panelists: Kendra – Alzheimer's Association, Bernie – Valley Senior Services, Jane Strommen NDSU Extension – Gerontology.

Each presenter will be allotted 30 minutes of that 20 minute presentation and 10 minutes Q & A time.

Katie will meet with each presenter for what they will cover.

We have \$600 from Spring Fling that have been designed to help with expenses. It was recommended that we not sell tickets but instead have a free will offering for food. Respite care will be at fall event to provide care during presentation.

Meeting closed with Lord's Prayer.