

First Lutheran Church - Health Ministry Committee
September 14, 2017
Minutes

Mission Statement: Our mission as the First Lutheran Health Ministry Committee is to help all to more fully experience God's grace, love, and healing by addressing their spiritual; physical, emotional and mental health.

Present: Haley Vargas, Dianna Woodard, Jeanne Laugtug, Sue Pedersen, Gayle Guggisberg

Agenda Item	Discussion	Action/Follow up recommendations
Devotions/Prayer	Haley led a devotion	
Introductions	Members gave brief introductions.	
Old Business	<p>Foot Clinic</p> <p>Healthy Options Sunday</p> <p>Out of the Darkness Walk</p>	<p>Nine people attended the foot clinic in September. We will not be changing foot clinic providers as the foot clinic attendees are quite happy with All Health.</p> <p>Haley will purchase the fruit on Saturday 9/16 and Jeanne Laugtug will prepare the fruit on 9/17.</p> <p>First Lutheran had a booth set up at the event. Sue Pedersen helped with the creation of the display. Next year, we will provide additional things to hand out to people with First's information.</p>
New Business	<p>Blood Drive</p> <p>Senior Education Group</p> <p>Flu Shot Clinic</p> <p>Advance Care Planning Facilitator Course</p> <p>First Fest Basket</p> <p>Meeting Times</p>	<p>The September 19th blood drive is canceled due to lack of staff at United Blood Services. We will look at rescheduling in the spring, possibly April.</p> <p>Haley will have a basket with paper slips available after Wednesday Fellowship for attendees to write health related questions to be answered at a future Wednesday Fellowship health talk. Possible speakers for these health discussions are Dr. Yohe, Dr. Lillestol, Jennifer Cramer, pharmacists, OT/PT, Haley, etc. depending on the questions.</p> <p>Haley has set up a Flu Shot Clinic for Sunday, October 22 from 8:00-12:30. Thrifty White pharmacy will be administering the shots. Haley will contact Thrifty White to assure they bring enough high dose vaccine and to see if children will be able to be vaccinated on that day as well.</p> <p>Haley will attend this course through Sanford on September 20. Sanford provided a scholarship to attend. She will provide an overview at the next meeting</p> <p>Thanks to everyone for the donations toward the First Fest silent auction basket. Haley will put together a "Downtown Date Night" basket on behalf of the group.</p> <p>We have decided to meet every 3rd Thursday of the month at 5:30 pm in the Heritage Room.</p>
Closing	The Lord's Prayer	

Next Meeting		Our next meeting will be held on October 19 th at 5:30 pm in the Heritage Room.