

First Lutheran Church - Health Ministry Committee
October 19, 2017
Minutes

Mission Statement: Our mission as the First Lutheran Health Ministry Committee is to help all to more fully experience God's grace, love, and healing by addressing their spiritual; physical, emotional and mental health.

Present: Haley Vargas, Dianna Woodard, Sue Pedersen

Agenda Item	Discussion	Action/Follow up recommendations
Devotions/Prayer	Haley led a devotion	
Old Business	<p>Healthy Options Sunday</p> <p>First Fest Basket</p> <p>Parish Nurse Foundations Course</p>	<p>It was decided to postpone Healthy Options Sunday for the time being.</p> <p>The First Fest basket created by the Health Ministry Team sold for \$60.</p> <p>Haley attended this course which was offered through Concordia College October 12-16. Many ideas came from this course, such as conducting a congregational survey. We will plan on conducting this survey after Haley's maternity leave.</p>
New Business	<p>Senior Education Group</p> <p>Flu Shot Clinic</p> <p>Influenza Write Up for the Newsletter</p>	<p>The first Wednesday of the month, Haley will collect ideas from the Wednesday Fellowship group regarding a health related discussion. On the third Wednesday, a topic will be presented to the group during the Wednesday Fellowship lunch.</p> <p>The Flu Shot Clinic will be held on Sunday, October 22 from 8:00-12:30. Thrifty White pharmacy will be administering the shots. Haley will have a table set up outside the conference room for people to fill out their VAR.</p> <p>Two versions were reviewed and discussed.</p>
Closing	The Lord's Prayer	
Next Meeting		Our next meeting will be held on November 16th at 5:30 pm in the Heritage Room.