Devil’s Tower 2019
Ordinary People Doing Extraordinary Things!
Open to High School & Above

The opportunity and adventure of a lifetime awaits your decision. You may be one who will climb and stand on top of this awe-inspiring monolith that rises over 800’ above the prairie in eastern Wyoming. Devil’s Tower will challenge you beyond your wildest imagination. The feeling of accomplishment and achievement will last a lifetime. In the process, along the journey of practice and preparation you will discover a multitude of truths and hidden treasures about yourself, your rope-mates and this journey called life. Most of all, Devil’s Tower will cause you to deepen your faith in Christ, to strengthen your trust in Him, and encourage a renewed daily relationship with God.

Climbing Devil’s Tower is well within the reach of ordinary people. It’s a chance for ordinary people to do something extraordinary! You just need to learn the basics of safe rock climbing (anyone can learn), lots of practice, some basic conditioning and most important a strong desire, motivation and positive attitude. We will teach and train you in all aspects of safe climbing; no previous experience necessary.

Devil’s Tower Required Date
Required Information Meeting: Wed. June 5, 7 pm
Monday Night Training Sessions: 6-9 pm Location Schlossman YMCA June 10,17,24, July 8, 15, 22 (**These are training/teaching nights, you will need to climb on your own many more times during open climbing.)
Devil’s Tower Trip: July 31- Aug 3,2019

Cost: $300.00 This fee includes: all training/teaching, camping fees, transportation, food, Devils Tower Trip: Park entry fees, camping, transportation, food, t-shirt. You must be a YMCA member, or pay a $10 entry fee each practice.

You will have the following additional costs: Devil’s Tower Trip: 6 travel meals

Equipment You Must Provide: climbing Harness, Helmet, belay tool (ATC), 4 locking carabineers, 6 runners (3 long, 3 medium),
prusik cord. Shoes and chalk bag optional but strongly recommended.

**What will get you to the top of Devil’s Tower?**
1. Good Technique & Skill
2. Teamwork/Trust
3. Mental Courage & Determination & Drive
4. Flexibility
5. Strength

**Concepts & Topics**
Although there is much to learn in terms of physical skills, techniques, knots etc., our higher purpose is to grow emotionally and spiritually as men and women of faith.

Each training session will involve bible study, discussion and prayer time. You will also be journaling throughout your training and climbing experience. Rock climbing offers multiple parallels to many aspects of life and our Christian faith journey. The following are just some of the areas we will explore together:

*Trust-Faith-Belief* - in relationship to others, ourselves and God.

*Overcoming Obstacles-Problems-Difficulties* in life.

Problem solving

*Fear-Anxiety* - What are we actually afraid of? How do we deal with and work through fear/anxiety/worry? What does it mean to be courageous in life?

*Risk Taking* - A look at the parable of talents! What are good risks?

*Success & Failure* - How do you define success on the rock? In life?

*Responsibility* - Ownership of one’s own actions, choices, directions.

*Community* - Strong connections to fellow Christians makes life more fun, exciting, bearable and allows us to strive for the impossible.