**FLC Health Ministry Committee** 

September 10, 2014

Heritage Room 5:30

**FLC Mission:** Our mission at First Lutheran Church is to bring people into a relationship with Jesus Christ and to help them grow in the Christian Faith.

**Committee Mission:** The mission of the Health Ministry Committee is to help all to more fully experience God's grace, love and heal by addressing their spiritual, physical, emotional and mental health.

Present: Katie Gross, Doreen Gigstad-Stave, Dianna Woodard, Ruth Hanson and Dawn Nygord

Katie lead us in opening devotion and prayer

Introductions and Welcoming of the new members

**Old Business: Approved August minutes** 

Ministry updates:

Respite Caregiver support group update

Blood Drive September 21 Fellowship Hall

Care Team Ministry update

Discussed the purpose of the care team ministry: Example given grandma goes

home and needing assistance. This committee would assist in meeting informal

needs. Grocery shopping, rides to appt etc. Katie and Ruth will be going to the

Twin Cities to meet with the Ling Bloomstad group and will bring feedback to the

group. They currently have contracts with 30 churches in the Twin Cities. They

are looking to do outreach services.

**New Business:** 

First Fest Basket proceeds go to Habitat for Humanity. Discussion held and we

will put together a "pampering basket" Dawn will put the baskets together.

Need a committee secretary

Fall program planning

Committee continues to work on details of the program, \$5.00 fee as well as

working on a time schedule.

Adjourned with the Lord's Prayer

Next Meeting: October 8<sup>th</sup> 2014